

Anja Langer is shown in a side profile, sitting on a black bench. She is wearing a white sports bra and dark shorts. She is holding a silver dumbbell in her right hand, which is raised towards her shoulder. Her left leg is extended forward, and she is wearing white socks and pink sneakers. A blue dumbbell is lying on the floor in front of her. The background is black.

**BODY FLEX~**  
**BODY MAGIC**

**ANJA LANGER**  
WITH BILL REYNOLDS

# Body Flex Body Magic

**J Rink**



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