

# Study Guide Comprehensive Exam

## Nursing Ethics

- **Bioethics-** In healthcare- YOU MUST KNOW THESE: **beneficence** (do good), **autonomy** (patient rights), **justice** (fair & equality), **fidelity** (loyalty), **veracity** (truth)
- **Confidentiality:** HIPAA, Tarasoff-duty to warn & protect, **mandated reporter of abuse if suspicion exists, evidence NOT needed**
- **Informed consent:** Dr. responsible, RN ensure implied or expressed consent obtained or must intervene, must have for specific procedures like ECT, HIV testing, surgery, etc.

## Delirium

- **Delirium**
  - **Delirium is NOT a Disorder;** it's a syndrome- a group of symptoms.
  - Delirium is **ALWAYS** due to underlying physiological causes; tends to be short term & reversible. Delirium is the **MOST** frequent complication of hospitalization
  - **Delirium: acute & abrupt** cognitive disturbance, inability to direct & focus attention, disorganized thinking & disorientation to time and place, agitation, assault, symptoms may fluctuate (change back and forth, day or night), wandering, wanting to go home, pulling out lines, drains, falling
  - Delirium is a medical emergency that requires immediate attention to prevent irreversible or serious neuro damage: **ANY time your patient has an ACUTE ONSET of CONFUSION, CONSIDER DELIRIUM**
  - Physical S/S: may see increased pulse, sweating, flushed face, dilated pupils, elevated BP
  - Illusions = perception errors of sensory stimuli (misinterpretations of something there where as a delusion or hallucination is not really there)
  - **Nursing Interventions: Priority = keep the patient safe while attempting to ID the cause, early recognition & report to provider, clinical assessment (MSE and neuro), medication review (especially polypharmacy & antipsychotics in the frail elderly), review labs & ask for order if no current labs, and accurate interpretation of the S/S, follow hospital protocols, minimize modifiable risk factors; consistency is key, reduce stimuli, reorient PRN, ensure sensory aids available (hearing aids, eyeglasses), remove physical hazards, maintain adequate lighting, communicate with simple**

# Bioethics Study Guide Excelsior

**SJ Ball**



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