

# Registered Dietitian Exam Outline

## Content Categories

### I. Principles of Dietetics

21%

- Food, nutrition, and supporting sciences
- Education, communication, and technology
- Research applications

### II. Nutrition Care for Individuals and Groups

45%

- Screening and assessment
- Diagnosis
- Planning and intervention
- Monitoring and evaluation

### III. Management of Food and Nutrition Programs and Services

21%

- Functions of management
- Human resource management
- Marketing and public relations
- Quality management and regulatory compliance

### IV. Instructional Support

13%

- Menu development
- Procurement, production, distribution, and service
- Sanitation and safety
- Equipment and facility planning

**Mometrix** TEST PREPARATION

**Time limit:** 3 hours

**Total questions:** 125-145

**Question format:** Multiple-choice

**Exam delivery:** Computer-based

# Dietitian Study Guide

**M Lipman**



## **Dietitian Study Guide:**

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