ATI MATERNITY STUDY GUIDE 2021/2022(LATEST)

1. Contraception: **Tubal Ligation**
   Surgical ligation
   Severance, courting or burning of the falloplan tube to prevent fertilization.
   Advgg permanent, can be done after childbirth 24-48 hr, sexual function same
   Disantg: Carry risk for anesthesia complication, infection and hemorrhage. Irreversible. Not protect against STI
   Risk. for ectopic pregnancy

2. **Caring for a Client After a Stillbirth** (Active Learning Template - Basic Concept, RM FUND 10.0 Chp 36)
   Should be something about baby death the baby what the nurse said.

3. **Nonpharmacological Comfort Measures During Labor** (Active Learning Template - Basic Concept, RM MN RN 11.0 Chp 12)
   - Back rubs and massage
   - Walking and rocking
   - Effleurage: light gentle circular stroking of the client abdomen with the fingertips in rhythm during contraction.
   - ***Sacral contra pressure: Pressure apply by the support person using the heel of the hand on the sacral to counteract*** pain on the lower back.
   - Application Heat and Cold.
   - **TENTS**
   - Hydrotherapy to increase maternal endorphin.
   - Acupressure
   - Frequent positioning changes.

4. Pain Management: **Teaching About Hypnosis** (Active Learning Template - Therapeutic Procedure, RM MN RN 11.0 Chp 12)

5. Sources of Nutrition: **Teaching a Client About High-Calcium Food** (Active Learning Template - Basic Concept, RM Nutrition 7.0 Chp 1)
   High in Calcium: Dairy, broccoli, Kale, Grains, Egg yolks. (stef banana)
   B12 Cobalamin: meats, Clams, oysters, egg and dairy products. (raw carrot)
   Fiber: Grains, legumes, Fiber whole grains, fruits, vegetables. (oatmeal)

6. Infertility: **Teaching About Adverse Effects of Clomiphene Citrate** (Active Learning Template - Medication, RM MN RN 11.0 Chp 2)
   Stimulated hormone for ovulation.
   Increase incidence of multiple gestation
   S/E: headaches, Bloating, N/V, weight gain, blurred vision,.

7. Postpartum Disorders: **Contraindications to Methylergonovine** (Active Learning Template - Medication, RM MN RN 11.0 Chp 20)
   Uterine stimulant: controls post partum hemorrhages.
   Assess uterine tone, vaginal bleeding, **not for hypertensive client. 140/90**

8. **Therapeutic Procedures to Assist with Labor and Delivery: Candidates for Induction of Labor**
   Oxytocin.

9. **Assessment of Fetal Well-Being: Teaching About a Nonstress Test** (Active Learning Template - Diagnostic Procedure, RM MN RN 11.0 Chp

Ati Maternity Study Guide

Michael Seilmaier

Ati Maternity Study Guide:

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Table of Contents Ati Maternity Study Guide

1. Understanding the eBook Ati Maternity Study Guide
    - The Rise of Digital Reading Ati Maternity Study Guide
    - Advantages of eBooks Over Traditional Books
2. Identifying Ati Maternity Study Guide
    - Exploring Different Genres
    - Considering Fiction vs. Non-Fiction
    - Determining Your Reading Goals
3. Choosing the Right eBook Platform
    - Popular eBook Platforms
    - Features to Look for in an Ati Maternity Study Guide
    - User-Friendly Interface
4. Exploring eBook Recommendations from Ati Maternity Study Guide
    - Personalized Recommendations
    - Ati Maternity Study Guide User Reviews and Ratings
    - Ati Maternity Study Guide and Bestseller Lists
5. Accessing Ati Maternity Study Guide Free and Paid eBooks
    - Ati Maternity Study Guide Public Domain eBooks
    - Ati Maternity Study Guide eBook Subscription Services
    - Ati Maternity Study Guide Budget-Friendly Options
6. Navigating Ati Maternity Study Guide eBook Formats

    - ePub, PDF, MOBI, and More
    - Ati Maternity Study Guide Compatibility with Devices
    - Ati Maternity Study Guide Enhanced eBook Features
7. Enhancing Your Reading Experience
    - Adjustable Fonts and Text Sizes of Ati Maternity Study Guide
    - Highlighting and Note-Taking Ati Maternity Study Guide
    - Interactive Elements Ati Maternity Study Guide
8. Staying Engaged with Ati Maternity Study Guide
    - Joining Online Reading Communities
    - Participating in Virtual Book Clubs
    - Following Authors and Publishers Ati Maternity Study Guide
9. Balancing eBooks and Physical Books Ati Maternity Study Guide
    - Benefits of a Digital Library
    - Creating a Diverse Reading Collection Ati Maternity Study Guide
10. Overcoming Reading Challenges
    - Dealing with Digital Eye Strain
    - Minimizing Distractions
    - Managing Screen Time
11. Cultivating a Reading Routine Ati Maternity Study Guide
    - Setting Reading Goals Ati Maternity Study Guide
    - Carving Out Dedicated Reading Time
12. Sourcing Reliable Information of Ati Maternity Study Guide
    - Fact-Checking eBook Content of Ati Maternity Study Guide
    - Distinguishing Credible Sources
13. Promoting Lifelong Learning
    - Utilizing eBooks for Skill Development
    - Exploring Educational eBooks
14. Embracing eBook Trends
    - Integration of Multimedia Elements
    - Interactive and Gamified eBooks

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