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**The classic step-by-step program
for becoming more assertive**

ASSERTING YOURSELF

A PRACTICAL GUIDE FOR POSITIVE CHANGE

SHARON ANTHONY BOWER AND GORDON H. BOWER

A Practical Guide For Positive Change

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A Practical Guide For Positive Change:

A Practical Guide For Positive Change Book Review: Unveiling the Power of Words

In a global driven by information and connectivity, the ability of words has been evident than ever. They have the capacity to inspire, provoke, and ignite change. Such may be the essence of the book **A Practical Guide For Positive Change**, a literary masterpiece that delves deep into the significance of words and their impact on our lives. Published by a renowned author, this captivating work takes readers on a transformative journey, unraveling the secrets and potential behind every word. In this review, we will explore the book's key themes, examine its writing style, and analyze its overall effect on readers.

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